

Chocolate Oat Bran Muffins



Ingredients

6 tablespoons of oat bran
4 teaspoons of reduced fat, no sugar added cocoa powder
6 tablespoons of nonfat greek yogurt
2 eggs
1 teaspoon of baking powder
1/3 cup Splenda

Directions

1. Mix oat bran, cocoa powder, Splenda and baking powder in a bowl
2. Mix the greek yogurt and eggs in a separate bowl and whisk until smooth.
3. Add the greek yogurt and egg mixture to the dry ingredients and mix together.
4. Fill 6 muffins in muffin tray.
5. Bake at 350 for 15 - 17 minutes.

Ourfamilynest.com